



## COPA FLIGHT 92

### NO REGULAR MAY CLUB MEETING

The RDFC hosted two back to back weekend events this month - the fly in breakfast May 4 and poker rally May 10. Your executives felt that after all the hard work everyone needs a rest therefor **the regular RDFC meeting schedule for May 19 has been cancelled.** Weather permitting there will be an informal fly out to Ram Falls Sunday June 1. Details to follow.

### FLY IN BREAKFAST AND POKER RALLY

Many Many thanks to all the club members and others who volunteered to host both events and a special thanks to Darrell and Barb Glover for hosting the rally at North Forty Ranch airstrip. The breakfast was weathered out however 118 breakfasts were served to drive in and walk in guests. About 45 aircraft attended the poker rally which was a great success.

### TIP OF THE MONTH

Thanks to Gary Hillman and Kim Skinner who are again contributors. Kim's *FROM THE RIGHT SEAT* and Gary's *FROM THE TOOLBOX* are included on pages 2 and 3.



- poker rally attendee

MAY 2014 NEWSLETTER

[www.reddeerflyingclub.org](http://www.reddeerflyingclub.org)

### QUIZ.

**LAST MONTH: Vickers Supermarine Stranraer.** Forty were manufactured in Canada in the 1930s and were used for costal patrol until replaced by the fleet of Cansos. They were then used by commercial operators until 1959.

**What is the aircraft pictured above right? Photo is of one of the attendees at the poker rally May 10.** Photo from the Duane Starr collection provided to all rally attendees. Click on the link below for more rally pictures

[www.duanestarrphotography.com/Misc-2014/2014-North-40-Ranch-CTY4-Poker-R/i-s3qQNCr](http://www.duanestarrphotography.com/Misc-2014/2014-North-40-Ranch-CTY4-Poker-R/i-s3qQNCr)

### EXECUTIVE

**PRESIDENT:** Jim Thoreson 403 346 6731

**PAST PRESIDENT:** Dale Brown 403 347 1519

**VICE PRESIDENT:** Jim Munawych 403 346 4508

**SECRETARY:** Bert Lougheed 403 343 3808

**TREASURER:** Abe Derksen 403 872 1782

**PROGRAMS:** Ron Schmidt 403 886 2202

**MEMBERSHIP:** Colin Heuven 403 505 7538

**RAM FALLS AIRSTRIP/NEWSLETTER:**

John Radomsky 403 343 3648

From The Right Seat.....by *Kim Skinner* M.C.I. Mild Cognitive Impairment

A few years back, my father gave me a book written by a retired U.S. Doctor who specialized in Aviation Medicine. The book was an explanation of what has happened when we hear the story about a very experienced pilot, with plenty of hours and ratings, forgetting to do something very basic, ie; Gear, flaps, mixture, coolers, pumps, etc. which resulted in an accident. The Doctor wrote that this is called M.C.I. or what I have come to understand as “the latter part of the normal aging process”.

By definition, M.C.I. is: “Mild cognitive impairment is an intermediate stage between the expected cognitive decline of normal aging and the more serious decline of dementia.”

Just last week, a health study was released showing that the male brain is at it’s peak at age 24. After that, well, we’re just not as smart as we used to be. If we can accept that and learn to protect ourselves from what is normally “expected” to happen as we age, we can still be the safest pilots possible.

Here’s how:

1. Proper Rest and Diet
2. EXERCISE
3. Follow the checklist!! This can be a lot of fun if your build your own list. Start with your POH and add anything you feel is important ie; Passenger briefings
4. Get a flight review with an qualified instructor
5. Be active in the aviation community (learn from others)
6. Treat aviation with the Respect it deserves
7. DO NOT BECOME COMPLACENT Enjoy what you’re doing but never think you know it all

M.C.I. It’s going to happen to all of us, so get ready. Yes, even you!! Now, if I could just remember who I’m supposed to send this article to?

Fly Safe, Fly Smart and you can Fly Forever

## FROM THE TOOLBOX

Clean your own airplane. Especially inside. If he is going to inspect under the floor boards then the carpet has to come out. If there is mud and sand in the carpet he will have to clean that first so it doesn't migrate under the floorboard panels or above them where will be laying on his back reaching up under the panel to change filters, do AD inspections or replace no-functioning instruments.

It can be interesting what one finds under seats, in seat track slots, under floor mounted fire extinguishers and rudder pedal panels; everything from pens, coins, power adapters for handheld avionics to 22 shells. Also if you have mouse bates or traps remove them before inspection time. They most likely will not be replaced and will end up in the trash can.

Gary Hillman